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Pre-Procedure Instructions

- 1) YOU **MUST** HAVE A DRIVER TO DRIVE YOU HOME AFTER YOUR PROCEDURE.
- 2) OUR OFFICE WILL CALL YOU 24 TO 48 HOURS PRIOR TO CONFIRM YOUR APPOINTMENT. IF YOU NEED TO CANCEL, **PLEASE CALL OUR OFFICE AT LEAST 48 HOURS IN ADVANCE TO CANCEL YOUR APPOINTMENT!!!!!!**
- 3) YOU SHOULD NOT EAT SOLID FOOD 4 HOURS PRIOR TO YOUR PROCEDURE. YOU MAY HAVE CLEAR LIQUIDS UNTIL YOU ARRIVE.
- 4) **IF THE DOCTOR HAS RECOMMENDED IV SEDATION FOR YOUR PROCEDURE, YOU MUST STOP ALL SOLID FOOD 8 HRS BEFORE THE PROCEDURE. YOU MAY HAVE CLEAR LIQUIDS UNTIL 4 HRS BEFORE THE PROCEDURE, AND THEN NOTHING BY MOUTH (THIS INCLUDES NO CANDY OR GUM).**
- 5) TAKE ALL OF YOUR BLOOD PRESSURE AND HEART MEDICATION AT YOUR USUAL TIME (USUALLY THIS WOULD BE IN THE MORNING) BEFORE ARRIVING FOR YOUR PROCEDURE.
- 6) IF YOU ARE **DIABETIC**, PLEASE DISCUSS HOW TO TAKE YOUR GLUCOSE CONTROLLING MEDICATIONS WITH OUR STAFF.
- 7) STOP TAKING **ALL ASPRIN PRODUCTS** 10 DAYS PRIOR TO PROCEDURE.
- 8) STOP TAKING **NSAIDS** 5 DAYS PRIOR TO PROCEDURE. HERE ARE SOME EXAMPLES OF NSAIDS:

<i>DIFLUNISAL (DOLOBID)</i>	<i>FELDENE</i>
<i>VOLTAREN</i>	<i>KETOPROFEN</i>
<i>RELAFEN</i>	<i>NAPROXEN (ALEVE, NAPROSYN)</i>
<i>INDOCIN</i>	<i>KETOPROFEN</i>
<i>CLINORIL</i>	<i>LODINE</i>
<i>DAYPRO</i>	<i>TORADOL</i>
<i>IBUPROFEN (MOTRIN, ADVIL, NUPRIN)</i>	
- 9) IF YOU ARE TAKING ANY **ANTICOAGULANTS** SUCH AS:

<i>COUMADIN</i>	
<i>PLAVIX</i>	<i>PLETAL</i>
<i>HEPARIN</i>	<i>LOVENOX</i>
- PLEASE INFORM OUR STAFF IMMEDIATELY**
- 10) IF YOU ARE TAKING ANTIBIOTICS FOR ANY REASON OR HAVE SIGNS OF AN INFECTION PLEASE INFORM OUR STAFF IMMEDIATELY.